# **HOTWGPS** Newsletter

Volume 13 issue 7

October 2021

### **HOTWGPS Events**

Our October meeting will be this coming Saturday October 9 at 1100 at Keith & Marji Johnson's home. They live at 141 Gabriel's Loop, Georgetown, TX. It is a gated community so the code for entry is 0141.

If some of you would bring your chairs, that would be helpful.

They are providing lunch so come prepared to enjoy a great dining experience and visiting with fellow "ponders"

PLEASE RSVP TO Becky at <u>drbeckysue@gmail.com</u> by this Wednesday October 6 so the Johnsons will know how much food to prepare.

Hope to see you all there!!



### **Pond Vac**

As a reminder, this is a "Members Only" benefit. You can <u>rent</u> this super-duper pond cleaning machine very reasonably! John Enders is the "official pond Vac keeper". Call him 254-848-9596 or send him an email at <u>jnenders@aol.com</u> to schedule your time with the machine. One note of caution when using the pond Vac, watch how much water you are removing from your pond!! It works so well sucking up the "yuk" that one can easily forget how much water is also being removed! That is the voice of experience talking!!



### Is it OK to continue feeding my fish summer food and just feed them less?



A: Koi have temperamental digestive systems. To stay well and happy, they need specific types of food at different times of year—so no, we don't recommend feeding your fish summer food as we go into fall. Here's why.

#### **Feeding Less**

Giving your fish less food is a good idea; especially as water temperatures start to drop. This will cause them to produce less waste, which will help in maintaining good water quality, and slow down their digestive systems. Fish naturally do this on their own; they will eat less food as temperatures decrease because the cooler water will slow their metabolism.

#### Macronutrient Shift

As water temperatures cool, fish need a diet that's easier for them to digest—a wheat germ-based diet like our **Spring and Fall Fish Food**—that's carbohydrate-heavy rather than protein-rich. We recommend using a wheat germ based food when water temperatures are between 40 to 50 degrees Fahrenheit. In the summer, fish crave protein to grow and put on muscle weight. But in the

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fall and spring, they're in transition between fasting and feasting and lacking some digestive enzymes, so they'll need something that'll gently slow down (or wake up) their metabolism.

### Up the Veggies

Even though wheat germ is the most common food to feed fish in the fall, you can still give your finned pals a treat in place of highprotein foods, too. Toss them some Cheerios, oatmeal or brown rice. Share some vegetables, like carrots, pumpkin or frozen peas. They'll provide important nutrients while being gentle on their system.

#### **40-Degree Mark**

As soon as water temperatures consistently read below 40 degrees Fahrenheit on your **pond thermometer**, remember to stop feeding your fish for the winter. Don't worry: They won't starve. The fast will give your fish the opportunity to give its digestive system a break and live off its fat reserves it added in the summer. In the spring, they'll clean up and look fresher and happier than ever.



**On The Lighter Side** 

Ole and Sven were sitting on the front porch when a big truck drove past loaded up with rolls of sod headed to a new house down the street. "Wow! Dat's great," said Ole. "Vhen I win da lottery, I tink I'm gonna do dat, too."

 $\cdots$  Vhat are yew talking about Ole?" asked Sven.

"Tm gonna send my lawn out ta be mowed!" said Ole.

### Ole, at 80 years old, knelt down on his

**knees** in front of his girlfriend, 80-year-old Lena. "I haf tew questions fer yew Lena. One, vill yew marry me?"

"Yes, Ole, I vill," answered Lena. "Vhat's yew're odder question?"

"Vould yew plez help me get up?"

Ole and his son Lars were talking one night about love and marriage.

Ole told little Lars that he knew on his wedding day what marriage to his mother, Lena, would be like. He said that when the minister asked Lena, "Do you take this man to be your husband?" she replied. "I do."

But when the minister asked Ole, "Do you take this woman to be your wife?" Lena also answered. "Ya, he does."

Little Ole was in second grade when he came home from school and said, Hey Mom, guess vhat? Today ve learnt how to make babies."

Startled, Lena tried to stay calm as she answered, "Dat's interesting Ole. Tell me, how do yew make babies?"

"Dat's simple," said Ole. "Yew just change da 'y' to 'i and add 'es'."



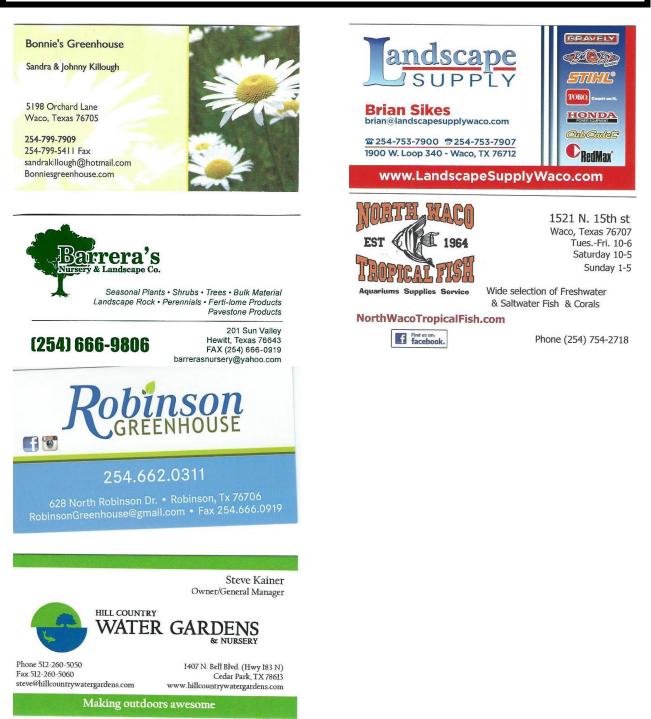
Please support these businesses who have agreed to give our members a discount at their stores

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